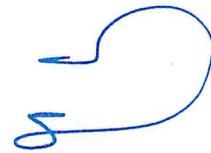


ARMED FORCES TRIBUNAL, REGIONAL BENCH, LUCKNOW

CIRCULAR FOR INTERNSHIP OF JANUARY 2026
COMMENCING FROM 02 JANUARY 2026

1. As per existing policy, Internship for Law Interns is being organized by this Tribunal twice in a year in the month of Jan and Jul for four week. Law Interns from various Institutions to get the opportunity for availing the facilities for Semester Internship Jan, 2026 commencing from 02 Jan 2026 till 29 Jan 2026
2. 30 Interns as listed in Appendix attached based on their proper submission of required documents and as per seniority of semesters.
3. They shall ensure their attendance at 0930 hrs on 02nd Jan 2026.
4. All Interns shall be in possession of NOC all other relevant documents in original for verification at the time of reporting on 2nd Jan 2026
5. All Interns shall ensure proper discipline during entire period of Internship.
6. All Interns shall ensure that no Laptop, Cellular Phones, Tab, etc shall be carried with them while in Court Room and Records Room.
7. All Interns shall ensure that without any extra ordinary circumstances no leave shall be sanctioned during the Internship Programme.
8. All Interns shall attend Internship Programme in proper uniform.
9. Any misrepresentation, misconduct and concealing of fact shall be liable for dismissal from Internship Programme.
10. The Interns are advised to visit AFT website regularly for recent updates.



Registrar & Head of Office I/C
Armed Forces Tribunal
Regional Bench
3, RAK Marg, Lucknow

Appendix

(Refers to Para 2 of Armed Forces Tribunal,
Regional Bench, Lucknow Winter Internship
Jan 2026 Circular No RBL / LIB / Internship
Dated 7 Nov 2025)

LIST OF INTERNS FOR WINTER INTERNSHIP JAN 2026
COMMENCING FROM 02 JAN 2026

Ser No	Name of Student	Address	Name of Institution	Remarks
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9th Semester

1	Soumya Gautam	B.B.A.U, Lucknow Mob: 9125796525	B.B.A.U, Lucknow BBA. LL.B(H) / 5 th Year / 9 th Sem	
2	Koupal Jain	118,Clerk Colony, Indore (M.P) Mob:- 7440386288	Prestige Institute of Management and Research,Indore (MP) B.A.LL.B(H) / 5 th Year / 9 th Sem	

8th Semester

3	Abhishek Yadav	Opp. B-36, Piprauli, South City Lucknow Mob:-7668513078	University Of Allahabad, B.A.LL.B(H) / 5 th Year / 8 th Sem	
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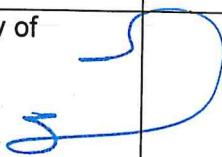
7th Semester

4	Monika Khanayat	City Girls Hostel ,JNK Extension , Lucknow Mob:- 8279461121	City Law College ,Lucknow B.A.LL.B / 4 th Year / 7 th Sem	
5	Harshita Mishra	D-55 Nirala Nagar , Lucknow Mob:-9696036451	Babasahab Bhimrao Amedkar University ,Lucknow BBA.LL.B.(H) / 5 th Year / 7 th Sem	
6	Suryanshu Upadhyay	95-A, Saheed Nagar, Colony, Lucknow Mob :- 8572918476	Babasahab Bhimrao Amedkar University ,Lucknow BBA.LL.B.(H)/ 5 th Year / 7 th Sem	
7	Zaid Sheikh	127, B-Block, Satpura Colony Indore (M.P) Mob :-9425450353	Indore Institute of Law , Indore BBA.LL.B.(H) / 5 th Year / 7 th Sem	

-2-

Ser No	Name of Student	Address	Name of Institution	Remarks
8	Satvik Shrivastava	Rajendra Nagar, Indore (M.P) Mob:- 933527705	Indore Institute of Law ,Indore BBA .LL.B.(H) / 5 th Year / 7 th Sem	
9	Anushka Singh	Girls Hostel, BBAU Lucknow Mob:- 6205198306	Babasahab Bhimrao Amedkar University ,Lucknow BBA.LL.B.(H) / 5 th Year / 7 th Sem	
10	Neetika	Sanghrita Girls Hostel, Lucknow Mob:-8851337678	Babasahab Bhimrao Amedkar University ,Lucknow BBA.LL.B.(H) / 5 th Year / 7 th Sem	
11	Pratyush	Ashoka Boys Hostel, BBAU,Lucknow Mob:-9889536286	Babasahab Bhimrao Amedkar University ,Lucknow BBA.LL.B.(H) / 5 th Year / 7 th Sem	
12	Gaurav Pandey	Manas Nagar, Lucknow Mob:-7753825567	Dr.Shakuntala Misra National Rehabilitation University,LKO B.com.LL.B.(H) /5 th Year / 7 th Sem	
13	Deenal Raghu Kalhans	D2-902 Akash Enclave VrindavanYojna,Lucknow Mob:-9454211205	Dr.Shakuntala Misra National Rehabilitation University,LKO B.com.LL.B.(H) / 5 th Year/7 th Sem	

5th Semester

14	Aaditya Poddar	Shahid Prabhunarayan Chowk Dist – Khagaria, Bihar Mob:-7643024605	Narayan School of Law, Gopal Narayan Singh University,Bihar B.B.A.-LL.B /5 th Year / 5 th Sem	
15	Golden Kumar Singh	Karma Kasturi,P.O-Jaihind Tendua, P.S-Mali, Dist- Aurangabad, Bihar Mob:-6207572094	Narayan School of Law, Gopal Narayan Singh University,Bihar B.A.LL.B / 5 th Year / 5 th Sem	
16	Abhinav Tiwari	L-1/94,Vineet Khand , Gomti Nagar , Lucknow Mob: 8090289074	City Law College ,Lucknow LL.B (H) / 3 rd Year / 5 th Sem	
17	Eshika Mishra	8/52, Jankipuram Extension, Lucknow Mob:-9794726570	City Law College ,Lucknow B.A.LL.B /3 rd Year / 5 th Sem	
18	Arya Dubey	Raghav Girls Hostel, 60 Feet Road, Jankipuram ext., Lucknow Mob:-9580305389	Faculty of Law, University of Lucknow LL.B / 5 th Year / 5 th Sem	

19	Bipasha Gupta	95-A, Saheed Nagar Colony, Lucknow Mob:-7303650600	Babasahab Bhimrao Amedkar University ,Lucknow BBA.LL.B.(H) / 5 th Year /5 th Sem	
20	Lav Tripathi Shivansh	Jankipuram , Lucknow Mob:9219073451	City Law College ,Lucknow LL.B / 5 th Year / 5 th Sem	
21	Kajal Yadav	7/679, Janakipuram, Sector 7 Lucknow Mob:-9305770575	City Law College ,Lucknow B.A.LL.B / 3 rd Year / 5 th Sem	
22	Bipasha Bhattacharya	Sunbeen Suncity School and Hostel, Karsana, Varansi (UP) Mob: 9670518063	University of Delhi, Faculty of Law BBA.LL.B / 5 th Year / 5 th Sem	
23	Ashutosh Kumar	Janakipuram Extension ,LKO Mob:-7355123034	University of Lucknow, Faculty of Law LL.B / 3 rd Year / 5 th Sem	
24	Nishu Singh	Janakipuram Extension, LKO Mob:-6307111347	University of Lucknow, Faculty of Law LL.B / 3 rd Year / 5 th Sem	
25	Divyanshi Rathore	8/200, Rainbow Girls Hostel, Jankipuram,Lucknow Mob: 8090117703	City Law College ,Lucknow B.A.LL.B / 5 th Year / 5 th Sem	
26	Yusra Abidi	546/988, Safarazganj, LKO Mob:-7355998574	Rajiv Gandhi National University of Law, Punjab B.A.LL.B / 3 rd Year / 5 th Sem	
27	Bhagyashree Tiwari	Azad Nagar, Gorakpur(UP) Mob:-6394646339	National Law University , Jodhpur B.A.LL.B(H) / 3 rd Year / 5 th Sem	
28	Aman Shrivastava	Tansen Nagar, Gwalior Mob: 6260236403	Prestige Institute of Management and Research, Gwalior(MP) BBA.LL.B / 3 rd Year / 5 th Sem	
29	Simran Chouhan	645b/80,Abhishekpuram, Jankipuram, Lucknow Mob:9277028326	City Law College ,Lucknow LL.B(H) / 3 rd Year / 5 th Sem	
30	Disha Kasotiya	Tansen Nagar , Gwalior Mob:-7000645269	Prestige Institute of Management and Research, Gwalior(MP) BA.LL.B(H) / 3 rd Year / 5 th Sem	